

# CELIAC FRIENDLY MENU

PLEASE INFORM YOUR SERVER OF YOUR SPECIFIC DIETARY REQUIREMENTS WHEN YOU ORDER

Please inform your server of any allergies  
We are not a gluten free facility

## Appetizers

**Soups of the Day** Cup 6.25 Bowl 9.5

\*check with server if our daily soups are gluten free\*

### Salad

See our Salads, with descriptions below for appetizer sizes

## Bowls

### The Hot Pot

Butter Curry Sauce, vegetables, coconut basmati rice

**Classic Seafood Hot Pot** 28

**Chicken Hot Pot** 26

**Tofu Hot Pot** 23

## Fresh Salads

### Green Salad VG DF

Appy 10 Meal 14

### Starboard Salad VG DF

Seasonal greens, beets, feta cheese, pumpkin seeds, cucumber, mandarin orange and kalamata vinaigrette  
app 11.5 meal 17.5

### Beet Salad VG DF

beets, mint, carrots and balsamic vinaigrette on a bed of greens, topped with goat cheese and pumpkin seeds  
app 11.5 meal 17.5

### Cameron Salad VG

gem lettuce, red grapes and blue cheese dressing topped with blue cheese and glazed pecans  
app 11.75 meal 18

### The BIG Salad VG DF

gem lettuce, sun-dried cranberries, carrot, beet, corn, red pepper, cucumber, tomato and honey lime vinaigrette topped with pumpkin seeds, feta cheese and cilantro 20

Add to any salad your choice of grilled chicken, baby shrimp or prawn skewer 9

## Burgers

All burgers served on a Gluten Free Bun

### Veggie Burger

Our patty of roasted vegetables, sweet potato, smoked tofu, rice, black bean, Dijon aioli, lettuce, tomato, red onion or have it spicy cajun 18

### Salmon Burger DF

Baked salmon with local west coast rub, balsamic aioli, lettuce, tomato, red onion 20.5

### Chicken Burger DF

grilled chicken breast, aioli, lettuce, tomato and red onion 19

### Halibut Burger

24

baked halibut with roasted red pepper pesto, aioli, lettuce, tomato, red onion

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## Sandwiches

All sandwiches served on a Gluten Free Bun

### Traditional Clubhouse

fresh turkey, bacon, lettuce, tomato and mayo 16.75

### Roast Beef Clubhouse

Roast beef, bacon, lettuce, tomato and mayo 16.75

### Smoked Salmon Clubhouse

Cold smoked salmon, bacon, lettuce, tomato and mayo 16.75

### Canal Beach Clubhouse

guacamole, bacon, baby shrimp, leaf lettuce, tomato and chipotle mayo 17.75

### Dock Boy Bun

egg, cheddar cheese and a choice of tomato, or bacon 8

### Beefwich DF

thin sliced beef, mozzarella cheese, sautéed onion, bell peppers and mushrooms 17.75

## Dessert

Raspberry Crème Brule DF 7.5

Gluten Free Chocolate Cake DF ask your server about this option 8.5

We use fresh, local produce, when in season

Our eggs are from a local farm

## Fish Fry

### Your Choice of Fish

Pan seared fish of your choice

Served with coleslaw

Your choice of aioli, red curry aioli, chipotle aioli, or balsamic aioli

**Halibut** \* one piece 18 \* two piece 31

**Ling Cod** \* one piece 16 \* two piece 25

**Salmon** \* one piece 16 \* two piece 25

**Snapper** \* one piece 12 \* two piece 19

**Prawns** \* one piece 12 \* two piece 19

## Your Side Options:

Soup of the Day 6.25

\*check with server if our daily soups are gluten free\*

Starboard Salad 7

Green Salad 5.75

Beet Salad 7

Cameron Salad 7.5

Jasmine Rice 5

Veggie Sticks and Dip 5.5

Cooked Vegetables 5