

The STARBOARD GRILL



Fish & Chips

Your Choice of Fish

Dipped in a light tempura batter with our tartar sauce and house-made coleslaw

Halibut	* one piece 24	* two piece 38
Ling Cod	* one piece 19.5	* two piece 29
Salmon	* one piece 19.5	* two piece 29
Red Snapper	* one piece 13	* two piece 20
Prawns	* four piece 13	* eight piece 20

Starters & Snacks

Candied Salmon Chowder cup 8.25 bowl 12

Soups of the Day cup 6.25 bowl 9.5

Soups of the Day Duo 9.5

Soups Flight 14

Coconut Prawns 13.75

Calamari Starter 12 Sharing 22

Crispy Fried Pickle 2.75 per spear

Fresh Salads

Starboard Salad appy 10 / meal 15

seasonal greens, beets, feta cheese, pumpkin seeds, cucumber, mandarin, kalamata vinaigrette

Beet Salad appy 10 / meal 15

beets, fresh greens, mint, carrots, goat cheese, pumpkin seeds, balsamic vinaigrette

Cameron Salad appy 10.5 / meal 16

romaine lettuce, red grapes, blue cheese, glazed pecans, croutons, blue cheese dressing

Caesar Salad appy 10 / meal 15

romaine lettuce, caesar dressing, parmesan, croutons, fresh lemon

The BIG Salad 17.75

romaine lettuce, sun-dried cranberries, carrot, beet, corn, red pepper, cucumber, tomato, pumpkin seeds, feta cheese, cilantro, honey lime vinaigrette

Mexi-Salad 18.5

crisp corn tortillas, lettuce, black beans, corn, red pepper, tomato, cucumber and vinaigrette topped with warm mexi-beef, cheese and cilantro, served with salsa and sour cream

Add your choice of grilled chicken, baby shrimp, prawn skewer or seared tuna 7.75
Add garlic baguette 2

Bowls

The Hot Pot

our own butter curry sauce, roasted vegetables, coconut jasmine rice, grilled flatbread:

Classic Seafood Hot Pot	25.5
Chicken Hot Pot	22.5
Tofu Hot Pot	20

Pecan Pesto Chicken and Prawn Bowl 23

chicken breast, prawns, spinach, roasted vegetables, pecan pesto cream sauce, flattened yukon potatoes, flatbread

Crispy Chicken Bowl 22

crispy coated chicken breast pieces, sweet chilli teriyaki sauce, fresh vegetables, jasmine rice, flatbread

Crispy Tofu and Peanut Bowl 21

crispy coated tofu pieces, dry roasted peanuts, sweet chilli teriyaki sauce, fresh vegetables, jasmine rice, flatbread

Vegan Cashew Pesto Bowl 22

crispy coated tofu, sweet cashew pesto sauce, spinach, roasted vegetables, jasmine rice, flatbread

Chicken and Prawn Ramen Bowl 20

lemongrass, cholulu broth, ramen noodles, chicken, prawns, suey choy, red peppers, peas, onion, soft boiled egg

Sandwiches and Wraps

side options not included

- Traditional Clubhouse** 14.5
three pieces of toasted bread of your choice, fresh turkey, bacon, lettuce, tomato and mayonnaise
- Chicken BCLT Wrap** 16.5
flour tortilla, chicken breast, bacon, lettuce, tomato, shredded cheese and mayonnaise
- Canal Beach Clubhouse** 15
toasted bread of your choice, guacamole, bacon, baby shrimp, leaf lettuce, tomato and chipotle mayonnaise
- Dock Boy Sandwich** 6
toasted English muffin, egg, cheddar cheese and a choice of tomato, back bacon or bacon
- Veggie Wrap** 11
flour tortilla, spinach, carrot, red onion, cucumber, beet, tomato, feta cheese, red pepper, kalamata vinaigrette
- Smoked Salmon Bagel** 14
toasted bagel, herb cream cheese, cold smoked salmon, red onion and capers
- Soft Taco Wrap** 14
flour tortilla, guacamole, sour cream, salsa, cheese, seasoned beef, lettuce, corn, black beans, red onion, red pepper
- Ultimate Beef Dip** 15.5
hoagie bun, thin sliced beef, mozzarella cheese, sautéed onion, peppers and mushrooms, au jus
- South West Fish Wrap** 16.5
cajun dusted ling cod, flour tortilla, guacamole, chipotle mayo, lettuce, coleslaw, pineapple

Starboard Favorites

side options not included

- Roasted Vegetable Quesadilla** 15
with sour cream, guacamole and salsa
add chicken 4 add mexi beef 4
- Smoked BBQ Pork Ribs** 5.75
succulent smoked Hertel's pork back ribs baked with our award-winning apple BBQ sauce
- Chicken Strips** 14.5
crispy breaded chicken tenders with your choice of honey mustard, parmesan ranch, apple BBQ or sweet chilli teriyaki dipping sauce

Burgers

All burgers served on a brioche bun, side options not included

- The Starboard Burger** 19
two 4oz beef patties, bacon, cheddar, mushrooms, mozzarella, Dijon aioli, lettuce, tomato, crispy onions and pickle
- The Standard** 13.5
4oz beef patty, aioli, ketchup, mustard, lettuce, tomato, pickles, red onion
- Halibut Burger** 20
pecan pesto basted halibut filet, aioli, lettuce, tomato, red onion
- Salmon Burger** 16.5
baked salmon with local west coast rub, balsamic aioli, lettuce, tomato, red onion
- Blue Burger** 15.5
4oz beef patty, sautéed mushrooms, blue cheese, blue cheese aioli, lettuce, tomato, red onion
- Chicken Burger** 14.5
grilled chicken breast, aioli, lettuce, tomato and red onion
- Ringer Burger** (we did it first) 15
4oz beef patty and mozzarella cheese, coconut onion rings, red curry aioli, lettuce, tomato
- Tuna Burger** 16.5
sesame crusted tuna, red curry aioli, grilled pineapple, pea shoots
- Veggie Burger** 12
our in-house made veggie patty, dijon aioli, lettuce, tomato, red onion...ask for cajun spice
- Dragon Boat Chicken Burger** 16.25
sweet chilli teriyaki glazed chicken breast, wasabi aioli, lettuce, coleslaw, red onion

Your Side Options for your meal:

- Candied Salmon Chowder** 8.25
Soup of the Day 6.25
- Fries** 5
Yam Fries 6.5
Coconut Onion Rings 9.75
Flattened Yukon Potatoes 5
Jasmine Rice 4
Veggie Sticks and Dip 5
Cooked Vegetables 4.5
- Starboard Salad** 6
Caesar Salad 6
Green Salad 5
Cameron Salad 6.5
Beet Salad 6

Poutine

Classic Poutine sm 10 lg 13.75

french fries, cheese curds, your choice of smoked pork or beef gravy

Smoked Pork Poutine sm 11 lg 17.5

french fries, pork rib meat, cheese curds, smoked pork gravy

Beef Dip Poutine sm 12.5 lg 20

french fries, sliced beef, peppers, onion, mushrooms, cheese curds, beef gravy, dijon aioli

Butter Curry Poutine

french fries topped, cheese curds, butter curry sauce

Sm 10 with chicken **12.25**

Lg 15 with chicken **19.5**

Red Hot Poutine sm 10.25 lg 14

french fries tossed in red hot sauce, cheese curds and smoked pork or beef gravy

Club Style Poutine sm 12.5 lg 20

french fries, chicken, bacon, green onion, tomato, cheese curds, smoked pork gravy

Bacon Cheeseburger Poutine sm 12.5 lg 20

french fries, diced burger, bacon, onion, pickle, tomato, cheese, cheese curds, dijon aioli, beef or smoked pork gravy

Light Meals

Daily Soup and Salad Combo 13.5

choice of daily soup and any side salad with a garlic baguette

Coconut Prawn & Salad Combo 16

three coconut prawns and any side salad

The Summer Plate 19

in-house made hummus, olives, snap peas, grape tomatoes, cucumbers, bacon wrapped dates, cream cheese-stuffed pepperoncini, flatbread

After 4:00pm

Beef Pot Roast 25

tender and juicy and oh-so-delicious 10-hour slow braised beef pot roast, rich country gravy, Yorkshire pudding, vegetable medley, mashed potato

West Coast Salmon and Prawn 27

salmon filet baked with our west coast salmon rub, 5 garlic prawns, vegetable medley, jasmine rice

Apple BBQ Chicken & Rib 28

charbroiled chicken breast, smoked Hertels back ribs basted with our award winning apple BBQ sauce, vegetable medley, flattened yukon potatoes

BEVERAGES

Coffee 3.5 Hot Tea 3 Hot Chocolate 3.5

San Pellegrino Lemon or Orange 3.5

Sparkling Water 3.5

Pop (Pepsi, Diet Pepsi, 7-Up, Rootbeer, Orange Pop, Gingerale) 3

Juice (Orange, Apple, Cranberry, Tomato, Clamato, Pineapple) 4

Milk 4

non-boozy fun drinks

Virgin Mojito 5.5

Lemonade 3.5

Virgin Caesar 5.5

Pink Lemonade 3.75

Cucumber Mint Spritz 5.5

Roy Rogers 3.5

Shirley Temple 4.5

Non-alcohol Beer

Non-Alcohol Corona 6.5

Non-Alcohol 1664 Kronenbourg 6

Bottled & Canned Beer

Hoyne Brewing Dark Matter 355ml 6.5
Dog Mountain Bees! Belgian Style Ale 473ml 8.25
Dog Mountain Entering Tsunami Hazy IPA 473ml 8
Dog Mountain Lit Wit 473ml 8
Phillips Blue Buck Ale 341ml 6
Corona Extra 330ml 6.5
Budweiser 341ml 5.75
Coors Light 341ml 5.75
Lucky Lager 355ml 5.75

Ciders

Merridale - Cowichan Dry Cider 473ml 9
Merridale - Merri Berri Cider 473ml 9

Scotch 1oz

Glenlivet twelve-year 9

Spirits 1oz

Served with your choice of mix
Absolut Vodka 6.25
Absolut Raspberry Vodka 6.25
Bombay Gin 6.25
Tanqueray Gin 6.25
Wisers Special Blend 6.25
Crown Royal 6.5
Bacardi White rum 6.25
Bacardi Black Rum 6.25
Sailor Jerry Spiced Rum 6.5
Newfoundland Screech Rum 6.5

Special Coffees 1.5oz 8

served with whipped cream and chocolate swirl
B52 Coffee - baileys, kahlua & grand marnier
Classic Baileys & Coffee
Spanish Coffee - kahlua & brandy
Monte Cristo - Kahlua & grand marnier
Polar Bear - peppermint schnapps, crème de cacao, hot
chocolate
Nutty Irishman - Baileys & Frangelico

Draught Beer - Vancouver Island

Brewery

Glass 10oz 4.75 Pint 18oz 7.25
Pipers Pale Ale or Islander Lager

Cocktails

Classic Caesar 1oz 7.75
vodka, tabasco, Worcestershire, clamato, celery
salt rim, olives

Starbuckle Caesar 1oz 8.5
vodka, tabasco, Worcestershire, clamato, apple
BBQ and steak spice rim, olives & bacon

Chambord Spritz 8.5
chambord raspberry liqueur, pinot grigio, soda

Quay Breeze 1.5oz 7.5
Malibu rum, peach schnapps, pineapple, cranberry

Mimosa 6.5
sparkling wine & orange juice

Raspberry Gin Fizz 1oz 7.5
gin, sparkling wine, raspberry syrup, soda, mint

Tom Collins 1oz 7.25
gin, lemon, simple syrup, soda

Mojito 1oz 7.75
white rum, mint, simple syrup, soda, lime

Cucumber Mojito 1oz 8
white rum, mint, cucumber syrup, soda, lime

Harvey Wallbanger 1.5oz 7.5
vodka, galliano, orange juice

Tropical Vacation 1.5oz 7.5
gin, blue curacao, galliano, lime, 7-up

Dark & Dreamy 1.5oz 7.5
screech rum, kahlua, pepsi

Please understand that we cannot overserve alcohol

	Glass 6oz	Glass 9oz	1/2L 500 ml	Bottle 750 ml
White Wine				
House White	7	10.25	18	
Pinot Grigio, Sumac Ridge, BC 00	9.75	14		38
Chardonnay, See Ya Later Ranch, BC 00	12	16.5		43
Dry Riesling, Gehringer Brothers. BC 00	10.25	15		39
Gewürztraminer, Sumac Ridge, BC 02	9.75	14		38
Sauvignon Blanc, Villa Maria, NZ 00	13	18.25		47

Rose Wine

Le Petit Chat Malin Rose, France 00	10	14.5		39
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Red Wine

Cabernet Sauvignon, Sawmill Creek, BC 00	7	10.25	18	
Merlot, Sumac Ridge, BC 01	10.25	15		39
Cabernet Shiraz, Shot in the Dark, Australia 00	9.25	13.5		36
Malbec, Finca Los Primos Argentina 00	9	13		34
Cabernet Sauvignon, Columbia Crest, USA 00				46
Merlot, Oyster Bay, New Zealand 00				48
Cabernet Merlot, Red Rooster, BC 00				50
Pinot Noir – Pays D’oc Bouchard Aine, France 00				41

Martinis 2oz 10.5

Peach Martini vodka, peach liqueur, orange, cranberry
Raspberry Martini chambord, vodka, triple sec, cranberry
Cosmopolitan vodka, cointreau, cranberry, lime
Pineapple vodka, pineapple, triple sec, lime

Just for our Guests twelve and under...

The Kids Menu

Grilled Cheese Sandwich 4

Chicken Strips 5.5

Cheeseburger – just meat, cheese & bun 7.5

Eat the Bowl Taco Salad 7

Pepperoni Pizza 7

Add a Side

Fries 4

Salad 3

Veggie Sticks & Dip 3

Add a Drink

Milk, Juice or Pop 2

Room for Dessert?

Ice Cream 2

Worms & Dirt \$3