

Appetizers

Candied Salmon Chowder Cup 8.25 Bowl 11.5

Soups of the Day Cup 6.25 Bowl 9

Soup of the Day Duo 9.5

Soup Flight 14

Coconut Prawns **DF** 13.75

Calamari **DF** Starter 9.75 Sharing 16.75

Signature Coconut Onion Rings **DF** 9.75

Crispy Fried Pickle **DF** 2.75

Jalapeno Poppers 9.5

Fresh Bruschetta **VG** **DF** crostini or grilled zucchini 11

Fresh Salads

Green Salad **VG** **DF**

appy 8 meal 12

Starboard Salad **VG** **DF**

seasonal greens, beets, feta cheese, pumpkin seeds, cucumber, mandarin orange and kalamata vinaigrette appy 10 meal 15

Caesar Salad **DF**

romaine lettuce, caesar dressing, parmesan, croutons, fresh lemon appy 10 meal 15

Beet Salad **VG** **DF**

beets, mint, carrots and balsamic vinaigrette on a bed of greens, topped with goat cheese and pumpkin seeds appy 10 meal 15

Cameron Salad **VG**

romaine lettuce, red grapes, croutons and blue cheese dressing topped with blue cheese and glazed pecans appy 10.5 meal 16

The BIG Salad **VG** **DF**

romaine lettuce, sun-dried cranberries, carrot, beet, corn, red pepper, cucumber, tomato and honey lime vinaigrette topped with pumpkin seeds, feta cheese and cilantro 17.75

Mexi-Salad **DF**

crisp corn tortillas, lettuce, black beans, corn, red pepper, tomato, cucumber and vinaigrette topped with warm mexi-beef, cheese and cilantro, served with salsa and sour cream 18.5

Daily Soup and Salad Combo **VG** **DF**

choice of daily soup and any side salad with a garlic baguette 13.5

Coconut Prawn & Salad Combo **DF**

three coconut prawns and any side salad 16

(VG) available vegan (DF) available dairy free

Please inform your server of any allergies
We are not a gluten free facility

ASK YOUR SERVER FOR OUR GLUTEN FREE MENU

Add to any salad your choice of grilled chicken, baby shrimp, prawn skewer or seared tuna 7.75

Add garlic baguette 2

Bowls

The Hot Pot

our own butter curry sauce, roasted vegetables, coconut basmati rice and grilled flatbread:

Classic Seafood Hot Pot 24

Chicken Hot Pot 21.5

Tofu Hot Pot 19.5

Pecan Pesto Chicken and Prawn Bowl

chicken breast, tiger prawns, spinach, roasted vegetables, pecan pesto cream sauce, flattened yukon potatoes and grilled flatbread 22

Crispy Chicken Bowl **DF**

crispy coated chicken breast pieces, sweet chilli teriyaki sauce, fresh vegetables, basmati rice and grilled flatbread 21

Crispy Tofu and Peanut Bowl **VG** **DF**

crispy coated tofu pieces, dry roasted peanuts, sweet chilli teriyaki sauce, fresh vegetables, basmati rice and grilled flatbread 20

Chicken and Prawn Ramen Bowl **DF**

lemongrass and cholulu chicken broth, ramen noodles, chicken, tiger prawns, suey choy, red peppers, snap peas, green onion and soft boiled egg 19

Poutine

Classic Poutine

french fries topped with cheese curds with your choice of smoked pork or beef gravy small 10 large 13.75

Smoked Pork Poutine

french fries topped with pork rib meat, cheese curds, smoked pork gravy Small 11 Large 17.5

Beef Dip Poutine

french fries with thinly sliced beef, sauteed peppers, onion, mushrooms, cheese curds, beef gravy & Dijon Aioli Small 12.5 Large 20

Butter Curry Poutine

french fries topped with cheese curds, our butter curry sauce

Small 10 with chicken 12.25

Large 15 with chicken 19.5

Red Hot Poutine

french fries tossed in red hot sauce topped with cheese curds and smoked pork or beef gravy

Small 10.25 Large 14

Club Style Poutine

french fries topped with chicken, bacon, green onion, tomato, cheese curds and smoked pork gravy

Small 12.5 Large 20

Bacon Double Cheeseburger Poutine

french fries, diced burger, bacon, onion, pickle, tomato, cheese, cheese curds, Dijon aioli and choice of beef or smoked pork gravy

Small 12.5 Large 20

Sandwiches and Wraps

Traditional Clubhouse **DF**

three pieces of toasted bread of your choice, fresh turkey, bacon, lettuce, tomato and mayo 13

Chicken BCLT Wrap **DF**

flour tortilla, chicken breast, bacon, lettuce, tomato, shredded cheese & mayo 13

Canal Beach Clubhouse **DF**

toasted bread of your choice, guacamole, bacon, baby shrimp, leaf lettuce, tomato and chipotle mayo 14.75

South West Fish Wrap

cajun dusted ling cod, flour tortilla, guacamole, chipotle mayo, lettuce, coleslaw, pineapple 13.5

Dock Boy Sandwich **DF**

toasted english muffin, egg, cheddar cheese and a choice of tomato, back bacon or bacon 5.75

Veggie Wrap **VG DF**

flour tortilla, spinach, carrot, red onion, cucumber, beet, tomato, feta cheese, red pepper and kalamata vinaigrette 10.25

Soft Taco Wrap **DF**

flour tortilla, guacamole, sour cream, salsa, cheese, seasoned beef, lettuce, corn, black beans, red onion and red pepper 13.25

Ultimate Beef Dip **DF**

hoagie bun, thin sliced beef, mozzarella cheese, sautéed onion, bell peppers and mushrooms with an au jus dip 15

Starboard Favorites

Roasted Vegetable Quesadilla

with sour cream, guacamole and salsa 14.5
add chicken 3.5 add mexi beef 3.5

Smoked BBQ Pork Ribs **DF**

succulent smoked Hertel's pork back ribs baked with our award winning apple BBQ sauce 5.75

Chicken Strips **DF**

crispy breaded chicken tenders with your choice of honey mustard, parmesan ranch, apple BBQ or sweet chilli teriyaki dipping sauce 12

Your Side Options for your meal:

Candied Salmon Chowder 8.25

Soup of the Day 6.25

Fries 4

Yam Fries 6.25

Coconut Onion Rings 9.75

Flattened Yukon Potatoes 5

Basmati Rice 4

Veggie Sticks and Dip 4.5

Cooked Vegetables 4.5

Starboard Salad 5.5

Caesar Salad 5.5

Green Salad 4.5

Beet Salad 5.5

Cameron Salad 6

Burgers

All burgers served on a brioche bun

The Starboard Burger

Two 4oz patties, bacon, cheddar, mushrooms, mozzarella, Dijon aioli, lettuce, tomato, crispy onions and pickle 15

The Standard **DF**

4 oz beef patty, aioli, ketchup, mustard, lettuce, tomato, pickles, red onion 10

Veggie Burger **VG DF**

Our in-house made veggie patty, dijon aioli, lettuce, tomato, red onion...or have it spicy cajun style 9.75

Salmon Burger **DF**

baked salmon with local west coast rub, balsamic aioli, lettuce, tomato, red onion 15

Blue Burger

4 oz beef patty, sautéed mushrooms, blue cheese, blue cheese aioli, lettuce, tomato, red onion 13

Chicken Burger **DF**

grilled chicken breast, aioli, lettuce, tomato and red onion 12.5

Ringer Burger

4 oz beef patty and mozzarella cheese, coconut onion rings, red curry aioli, lettuce, tomato 13

Tuna Burger **DF**

sesame crusted tuna, red curry aioli, grilled pineapple, pea shoots 15

Dragon Boat Chicken Burger

Sweet chilli teriyaki glazed chicken breast, wasabi aioli, lettuce, coleslaw, red onion 13

Fish Fry

Your Choice of Fish **DF**

Dipped in a light tempura batter with our tartar sauce

Ling Cod * one piece 11.25 * two piece 21.25

Salmon * one piece 11 * two piece 21

Red Snapper * one piece 8 * two piece 15

Prawns * four piece 8 * eight piece 15

We use fresh, local produce when in season

Our eggs are from a local farm

Our bread is from Mountain View Bakery

